

## About Us

The National Council on Alcoholism and Drug Dependence (NCADD) of Middlesex County, Inc. is a private, non-profit, community-based health organization serving Middlesex County. We have been providing prevention, education, information and referral services to county residents, businesses, schools, faith-based organizations, municipal alliances, and social service agencies since 1980.

## Our Mission

The mission of NCADD of Middlesex County, Inc. is to promote the health and well-being of individuals and communities in Middlesex County through the reduction and elimination of alcohol, tobacco and other drug use problems.

This resource directory was compiled and developed by



152 Tices Lane, East Brunswick, NJ 08816  
732-254-3344  
(Fax) 732-254-4224  
[www.ncadd-middlesex.org](http://www.ncadd-middlesex.org)

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the Middlesex County Department of Human Services  
Division of Addiction Services

# 2012 ALCOHOL, TOBACCO & OTHER DRUG RESOURCE DIRECTORY FOR MIDDLESEX COUNTY



PROVIDING SUBSTANCE ABUSE PREVENTION, EDUCATION AND SUPPORT  
FOR PERSONAL RECOVERY

152 Tices Lane, East Brunswick, NJ 08816  
732-254-3344  
[www.ncadd-middlesex.org](http://www.ncadd-middlesex.org)



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- The resources listed are private and public non-profit agencies whose programs' primary mission is alcoholism, tobacco and other drug addiction services.
- For information on private, for-profit agencies and private counselors, call NCADD at 732-254-3344.
- This directory does not evaluate the resources listed. Provision of information about a resource does not constitute endorsement, nor does omission of a resource signify disapproval.
- This list may not be all-inclusive.
- Please advise us of any changes.

Thank you.



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## HOTLINES/MUTUAL SUPPORT GROUPS

**2-1-1 Addictions Hotline of NJ (24 Hours)**  
[www.nj211.org](http://www.nj211.org)

**ALA-CALL/ NJ Substance Abuse Hotline**  
 Interpreters for all languages  
 800-322-5525  
[www.snj.com/ala-call](http://www.snj.com/ala-call)

**Al-Anon/Alateen (Family Groups)**  
 973-744-8686/ Spanish - 973-268-1260  
[www.nj-al-anon.org](http://www.nj-al-anon.org)

**Alcoholics Anonymous (AA)**  
 908-687-8566 or 800-245-1377

**Cocaine Anonymous**  
 866-777-0983  
[www.canewyork.org](http://www.canewyork.org)

**Families Anonymous**  
 732-864-0548

**Info Line of Central Jersey**  
 1-888-908-4636

**Nar-Anon**  
 800-477-6291  
[nar-anon.org/Nar-Anon/New\\_Jersey.html](http://nar-anon.org/Nar-Anon/New_Jersey.html)

**Narcotics Anonymous (NA)**  
 732-933-0462  
[www.nanj.org](http://www.nanj.org)

**Nicotine Anonymous**  
 877-879-6422  
[www.nicotine-anonymous.org](http://www.nicotine-anonymous.org)

**NCADD of Middlesex County, Inc.**  
 732-254-3344

**New Jersey Council on Compulsive Gambling**  
 800-GAMBLER (800-426-2537)

**Nicotine Anonymous**  
 877-879-6422  
[www.nicotine-anonymous.org](http://www.nicotine-anonymous.org)

**Self Help Clearinghouse**  
 800-367-6274  
[www.njgroups.org](http://www.njgroups.org)





**OTHER SERVICES CONTINUED**

**NAMI New Jersey**

1562 Route 130  
North Brunswick, NJ 08902  
732-940-0991

[www.naminj.org](http://www.naminj.org)

- Dedicated to improving the lives of individuals and families who are affected by mental illness
- Provides education, support and systems advocacy to empower families and persons with mental illness

**New Brunswick Veteran Affairs**

317 George Street  
New Brunswick, NJH 08901  
908-647-0180

**NJ Lawyers Assistance Program**

One Constitution Square  
New Brunswick, NJ 08901  
1-800-24-NJLAP  
[www.njlap.org](http://www.njlap.org)

**NJ Council on Compulsive Gambling**

3635 Quakerbridge Road / Suite 7  
Hamilton, NJ 08619  
1-800-GAMBLER  
[www.800gambler.org](http://www.800gambler.org)

**Rape Crisis Intervention Center**

29 Oakwood Avenue  
Edison, NJ 08837  
732-321-1189  
Hotline: 877-665-7273

**Women Aware, Inc.**

250 Livingston Avenue  
New Brunswick, NJ 08901  
732-249-4900  
Helpline: 732-249-4504

- Domestic violence program
- Emergency Shelter
- Community Support Groups (English & Spanish)
- Community Education & Training



**Discovery Institute for Addictive Disorders, Inc.**

80 Conover Road, P.O. Box 177  
Marlboro, NJ 07746  
732-946-9444

- Family therapy
- Family education

**\*Middlesex Co. Health Department  
Health Education Services**

711 Jersey Avenue  
New Brunswick, NJ 08901  
732-745-8860

and

1 JFK Square  
New Brunswick, NJ 08901  
732-745-3141

[www.co.middlesex.nj.us/publichealth](http://www.co.middlesex.nj.us/publichealth)

- Tobacco prevention & awareness (elementary school to adult)
- Tobacco cessation classes
- Indigent clients accepted

**+\*National Council on Alcoholism and Drug  
Dependence (NCADD) of Middlesex County, Inc.**

152 Tices Lane  
East Brunswick, NJ 08816  
732-254-3344

Fax - 732-254-4224

[www.ncadd-middlesex.org](http://www.ncadd-middlesex.org)

- Prevention Resource Center
- Education and training
- Community organization; Advocacy
- Consultation services
- Middlesex County Substance Abuse Coalition

**Rutgers University Center of Alcohol Studies**

607 Allison Road  
Piscataway, NJ 08854-8001  
732-445-2190 – Main Office  
732-445-4317 – Training/Education  
[www.alcoholstudies.rutgers.edu](http://www.alcoholstudies.rutgers.edu)

- Provides educational programs and training to professionals in the substance abuse field



## OUTREACH

**Discovery Institute for Addictive Disorders, Inc.**  
80 Conover Road, P.O. Box 177  
Marlboro, NJ 07746  
732-946-9444

- Family therapy
- Family education

**\*Elijah's Promise  
First Step Addiction Program**

18 Nielson Street  
New Brunswick, NJ 08901  
732-545-9002 ext. 119  
[www.elijahspromise.org](http://www.elijahspromise.org)

- Intake & referral to detox substance abuse programs
- Case management
- Referrals from probation & parole are welcome
- Weekly support group; 12 Step meetings
- Bilingual - Spanish & English

**UMDNJ-University Behavioral HealthCare  
COPSA Community Outreach - Middlesex County  
EARS for caregivers**

100 Metroplex Drive, Suite 200  
Edison, NJ 08817  
732-235-8400 / Fax 732-235-8395  
<http://ubhc.umdnj.edu>

- Assessment & referral
- No fee psychoeducation and referral for caregivers of older adults

## DETOXIFICATION

**Bergen Regional Medical Center**

230 East Ridgewood Avenue  
Paramus, NJ 07652  
201-967-4194  
1-800-730-BRMC  
[www.bergenregional.com/srvBehavioral.html](http://www.bergenregional.com/srvBehavioral.html)

- Inpatient Medical Detoxification
- Intensive Outpatient
- Chemical Dependency Assessment Addiction Counselor
- Indigent clients accepted statewide



**Middlesex County Office of Human Services  
Division Children's Services**

1 JFK Square  
New Brunswick, NJ 08901  
732-745-3280

- Mental Health Administration
- Local coordinator of mental health disaster response

**Middlesex County Area Transit (MCAT)**

711 Jersey Avenue  
New Brunswick, NJ 08901  
800-221-3520 or 732-745-7456

- Initial request must come through a social worker or case worker
- Mon.- Fri., 8am - 3:30pm
- Limited service 3:30pm - 10pm

**Middlesex County Board of Social Services**

181 How Lane  
Piscataway, NJ 08901  
732-745-3500 or Toll Free at 1-800-SOCIAL2  
<http://middlesexcwa.newark.rutgers.edu>

**Middlesex County Department on Aging**

JFK Square, 5th Floor  
New Brunswick, NJ 08901  
732-745-3295  
[gttp://co.middlesex.nj.us/aging](http://co.middlesex.nj.us/aging)

**Middlesex County Office of Human Services  
Division of Addiction and Mental Health Planning**

1 JFK Square  
New Brunswick, NJ 08901  
732-745-4186 - Main number  
732-745-4065 – Alliance Coordinator  
732-745-4500 - Intoxicated Driver Resource Center

- Addiction services monitoring and resource allocation
- Administration of scholarships for addiction treatment services
- Alliance to Prevent Substance Abuse administration and development

**CONTINUED ON NEXT PAGE**



**\*New Jersey Quitnet**

866-NJSTOPS

www.nj.quitnet.com

- Dedicated to providing comprehensive resources and support for people trying to give up smoking.

**+\*Tobacco Dependence Clinic at UMDNJ School of Public Health**

317 George Street, Room 210

New Brunswick, NJ 08901

732-235-8222

www.tobaccoclinic.org

email: clinic@tobaccoprogram.org

- Treatment for individuals who want to quit smoking or using tobacco
- Individual and group treatment
- Nicotine replacement therapy
- Other pharmacological aids (e.g. Zyban)

**OTHER SERVICES**

**Addiction Professionals Certification Board of New Jersey (APCBNJ)**

1200 Tices Lane, Suite 104

East Brunswick, NJ 08816

732-249-1991

www.certbd.com

- Initial and re-certification for CPS, CCS, CMS, APS, CJC, CDA, CPAS, ADS, CHS, CMHA

**Family Support Organization of Middlesex**

1950 Route 27, Suite D

North Brunswick, NJ 08902

732-940-2837

www.njfamily.org

- Direct family-to-family peer support, education, advocacy to family members of children with emotional and behavioral issues.

**Hyacinth AIDS Foundation**

78 New Street, 2nd Floor

New Brunswick, NJ 08901

732-246-0204

www.hyacinth.org



**Carrier Clinic**

252 County Road 601

Belle Mead, NJ 08502

800-933-3579

www.carrierclinic.org

- Hospital Inpatient
- Residential short-term treatment (30 days or less)
- Self payment, Private health insurance
- Sliding fee scale based on income and other factors

**New Brunswick Counseling Center**

320 Suydam Street

New Brunswick, NJ 08901

732-246-4025

- Limited admission of indigent clients
- Sliding scale fee
- Medicaid accepted
- IDRC approved program

**\*+New Hope Foundation, Inc.**

80 Conover Road

Marlboro, NJ 07746

732-946-3030 (24 hours)

www.newhopefoundation.org

- Sub-acute detoxification (3-5 days)
- DUI initiative funded
- Sliding scale fee; Indigent clients accepted statewide
- Medicaid accepted

**+Princeton House Behavioral Health**

905 Herrontown Road

Princeton, NJ 08540

609-497-3355

800-242-2550

www.princetonhouse.org

- Board Certified Psychiatrists
- Accredited by the Joint Commission
- Most major insurances
- Medicare & Medicaid accepted

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**DETOXIFICATION CONTINUED**

**\*Strathmore Treatment Associates**

1 Lower Main Street, P.O. Box 125  
South Amboy, NJ 08879  
732-727-2555

- Medicaid accepted (certain plans only)

**METHADONE SERVICES**

**\*New Brunswick Counseling Center**

320 Suydam Street  
New Brunswick, NJ 08901  
732-246-4025

- Medicaid accepted
- Sliding scale fee
- Psychological services; Women’s services
- HIV counseling and testing available

**\*Raritan Bay Management Corporation  
(Raritan Management Corp)**

**Methadone Program**

500 Convery Blvd.  
Perth Amboy, NJ 08861  
732-442-7030

[www.rbmc.org](http://www.rbmc.org)

- Detox & maintenance programs available
- Must be 18 years or older

**\*Strathmore Treatment Associates**

1 Lower Main Street, P.O. Box 125  
South Amboy, NJ 08879  
732-727-2555

- Medicaid accepted (certain plans only)
- Detox and maintenance programs available

Note: Programs are footnoted with the following codes:  
 \* Bilingual (Spanish) professional on staff  
 + Program provides specialized services to adolescents  
 Indigent services noted are for Middlesex County residents.



**PREGNANCY AND ADDICTION**

**Center for Great Expectations**

123 How Lane  
New Brunswick, NJ 08901  
732-993-6403

[www.thecenterforgreatexpectations.org](http://www.thecenterforgreatexpectations.org)

- Intensive Outpatient program for pregnant and postpartum women with substance abuse and/or co-occurring disorders
- Services provided at no charge
- Monday - Friday 8am - 6pm

**St. Peter’s University Hospital**

**High Risk Prenatal Program**

154 Easton Avenue  
New Brunswick, NJ 08901  
732-745-8600 ext. 7065 or 7066

[www.saintpetersuh.com](http://www.saintpetersuh.com)

- Manage pregnancy patients with substance abuse
- Medicaid accepted
- Charity care available for qualified individuals

**NICOTINE RESOURCES**

**American Lung Association of New Jersey**

1600 Route 22 East  
Union, NJ 07083  
908-687-9340

Helpline: 1-800-LUNGUSA

[www.lungusa.org/newjersey](http://www.lungusa.org/newjersey)

- Freedom From Smoking Clinic (min. 10 participants at workplace locations arranged)
- Business Packet only—no individual services
- Bilingual - English & Spanish

**Middlesex County Health Department**

**Health Education Services**

711 Jersey Avenue  
New Brunswick, NJ 08901  
732-745-8860

[www.co.middlesex.nj.us/publichealth](http://www.co.middlesex.nj.us/publichealth)

- 5-week tobacco cessation program
- Indigent clients accepted

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**Co-Occurring Continued**

**\*UMDNJ-University Behavioral HealthCare**

4326 Route 1 North  
Monmouth Junction, NJ 08852  
Program information: 732-235-5910  
Access Center: 800-969-5300  
<http://ubhc.umdnj.edu>

- Individual therapy
- Drug/alcohol counseling
- Medication management
- Health & wellness
- Psychoeducation
- Pre-vocational services
- Transportation provided

**\*UMDNJ-University Behavioral HealthCare  
Acute Adult Partial Hospitalization Program**

671 Hoes Lane, 2nd floor  
Piscataway, NJ 08855-1392  
Program information: 732-235-4242  
Access Center: 800-969-5300  
<http://ubhc.umdnj.edu>

- Partial hospitalization services for adults age 18 and over with a primary diagnosis of a serious and persistent mental illness
- Individual therapy available
- MICA treatment
- Evidence based best practice modalities
- Lunch provided
- Group treatment philosophy with multidisciplinary treatment team
- Transportation available

**Uriel Treatment Center**

24 North 3rd Street, Suite 30-B  
Highland Park, NJ 08904  
732-317-3427 or for intake 732-317-3575

- Persons with co-occurring mental and substance abuse disorders
- Criminal Justice clients
- IDRC Approved Program
- Sliding fee scale



**DRUG-FREE OUTPATIENT**

*(Includes Intensive Outpatient and Partial Hospitalization)*

**Alcohol & Other Drug Assistance Program for Students**

Hurtado Health Center, Rutgers University  
11 Bishop Place  
New Brunswick, NJ 08901  
732-932-7402 ext. 233  
<http://health-rutgers.edu/adaps/>

- For Rutgers students only; No fee
- Evening hours by appointment

**\*Catholic Charities**

288 Rues Lane  
East Brunswick, NJ 08816  
800-655-9491 or 732-257-6100  
[www.ccdom.org](http://www.ccdom.org)

- Wheelchair accessible
- Medicaid accepted/Third party insurance
- Sliding scale fee
- American Sign Language
- IDRC-approved program

**+\*CURA, Inc.**

35 Lincoln Park  
P.O. Box 180  
Newark, NJ 07101-0180  
973-622-3570  
[www.curainc.org](http://www.curainc.org)

- Outpatient programs
- Serves Spanish-speaking clients

**Damon House Outpatient**

175 Market Street - Room 200  
Paterson, NJ 07505  
973-279-5563

- Sliding scale fee
- Indigent clients accepted statewide
- OP and IOP programs
- Individual & group counseling
- DUI-initiative funded
- IDRC Approved Program

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**DRUG-FREE OUTPATIENT CONTINUED**

**\*Diamond Counseling Center**

1 Ethel Road, Suite 101B  
Edison, NJ 08817  
732-248-1805  
Fax: 732-248-1809

Monday - Friday 8:30am - 8:00pm

- Individual Counseling
- Intensive Outpatient (IOP)
- Partial Care Program
- Young Adult Program (ages 18-26)
- After School Program for adolescents
- Family Counseling
- Anger Management
- Co-occurring services
- Accept NJ Family Care Medicaid, SAI, Drug Court, Private Insurance and sliding scale

**Discovery Institute for Addictive Disorders, Inc.**

80 Conover Road, P.O. Box 177  
Marlboro, NJ 07746  
732-946-9444  
Fax: 732-946-0758

- Intensive Outpatient and Traditional Outpatient
- DUI initiative funded
- Sliding scale fee
- Indigent funding available
- County funding and Drug Court funding available
- Admissions accepted until 5pm

**Extracare Health Services**

141 Route 34  
Old Bridge, NJ 07747  
908-472-5122

- Adolescent Intensive Care Outpatient
- Adolescent and Family Codependency Groups
- 12 Step Orientation
- Addiction Counseling

**+First Step Counseling**

15 Calvin Place  
Metuchen, NJ 08840  
732-549-0401

- Wheelchair accessible
- Family-Marital counseling
- Mental & health services available
- Individual, group counseling



- Board Certified Psychiatrists
- Most major insurance
- Medicaid & Medicare accepted
- Medication monitoring available

**+Princeton House Behavioral Health**

905 Herrontown Road  
Princeton, NJ 08540  
609-497-3355

- Inpatient Dual Diagnosis Program (Primary Psychiatric Diagnoses)
- Inpatient Adult Addiction Recovery Program (Primary Substance Abuse Diagnoses)
- Inpatient Adolescent Substance Abuse Treatment Program (Primary Substance Abuse Diagnoses with some Co-occurring Disorders)
- Accredited by the Joint Commission
- Board Certified Psychiatrists
- Most major insurance
- Medicaid & Medicare accepted

**\*Stevens, Inc.**

169 North Stevens Avenue  
South Amboy, NJ 08879  
732-525-1149

- Substance abuse treatment
- Adolescents, women, DUI/DWI offenses, criminal justice clients
- Sliding scale fee based on income and other factors

**\*UMDNJ- University Behavioral HealthCare**

**New Brunswick Partial Hospital Program**

303 George Street,  
New Brunswick, NJ 08901  
Program information: 732-235-6900  
Access Center: 800-969-5300  
<http://ubhc.umdj.edu>

- Individual therapy and group treatment
- Drug/alcohol counseling
- Medication management
- Health and wellness
- Psychoeducation
- Transportation available
- Pre-vocational services

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**Co-Occurring CONTINUED**

**\*Diamond Counseling Center**

1 Ethel Road, Suite 101B  
Edison, NJ 08817  
732-248-1805  
Fax: 732-248-1809

Monday - Friday 8:30am - 8:00pm

- Individual Counseling
- Intensive Outpatient (IOP)
- Partial Care Program
- Young Adult Program (ages 18-26)
- After School Program for adolescents
- Family Counseling
- Anger Management
- Co-occurring services
- Accept NJ Family Care Medicaid, SAI, Drug Court, Private Insurance and sliding scale

**+First Step Counseling**

15 Calvin Place  
Metuchen, NJ 08840  
732-549-0401

Mon.- Fri., 9am - 9pm by appointment

- Family-Marital counseling
- Mental health services available
- Individual, group counseling
- Adult, adolescent and children accepted
- Wheelchair accessible
- Sliding scale fee; Insurance accepted
- IDRC-approved program

**+Princeton House Behavioral Health**

1460 Livingston Avenue  
North Brunswick, NJ 08902  
732-729-3600

www.princetonhouse.org

- Day hours
- Adult & adolescent partial hospital
- Adolescent & adult IOP, family program
- Transportation, lunch provided
- Accredited by the Joint Commission

Note: Programs are footnoted with the following codes:  
\* Bilingual (Spanish) professional on staff  
+ Program provides specialized services to adolescents  
Indigent services noted are for Middlesex County residents.



- Adult, adolescent and children accepted
- Sliding scale fee; Insurance accepted
- IDRC-approved program

**JFK Medical Center - Center for Behavioral Health**

65 James Street  
Edison, NJ 08818  
732-321-7189

- Outpatient Drug Free and Intensive Outpatient
- IDRC-approved program/ DUI Initiative funded
- Drug Court
- Anger management
- Psychological services available
- Wheelchair accessible
- Medicare, Medicaid and some private insurance
- Indigent funding available

**JFK Medical Center - STEPS Recovery Center**

Park Avenue and Randolph Road  
Plainfield, NJ 07061  
908-668-2095

- Indigent funding available
- Intensive Outpatient
- IDRC-approved program
- Drug Court
- DUI initiative funded

**\*Journey to Wellness**

222 New Brunswick Avenue  
Perth Amboy, NJ 08861  
732-709-7440

- Hours: Mon - Fri 8:30am - 9pm
- Early intervention/outpatient
- Intensive Outpatient
- Co-occurring/partial care
- IOP groups and OP groups
- IDRC-approved program
- DUI initiative funded
- Wheelchair accessible

**+\*New Brunswick Counseling Center**

320 Suydam Street  
New Brunswick, NJ 08901  
732-246-4025

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**DRUG-FREE OUTPATIENT CONTINUED**

[www.newbrunswickcounselingcenter.org/](http://www.newbrunswickcounselingcenter.org/)

- Medicaid accepted; Sliding scale fee
- Limited services for indigent clients
- HIV support groups
- Women’s support groups
- 16-week IDRC-related program
- IDRC-approved program
- Methadone (see Methadone section)
- Intensive Outpatient services
- Wheelchair accessible

**\*New Hope Foundation, Inc.**

2-A2 Monmouth Avenue  
Freehold, NJ 07728  
732-308-0113

[www.newhopefoundation.org](http://www.newhopefoundation.org)

- Comprehensive services for adults, adolescents & their families
- IDRC-approved program
- DUI- initiative funded
- Most insurance accepted; Medicaid accepted
- Reduced fee upon application

**\*+New Hope Foundation’s Open Door**

2-4 New & Kirkpatrick Streets  
New Brunswick, NJ 08901  
732-246-4800

[www.newhopefoundation.org](http://www.newhopefoundation.org)

- Comprehensive services for adults, adolescents and their families
- IDRC-Approved Program/DUI - Initiative funded
- Medicaid accepted; Sliding scale fee
- Indigent clients accepted, county and statewide
- Wheelchair accessible

**+Princeton House Behavioral Health**

1460 Livingston Avenue  
North Brunswick, NJ 08902  
732-729-3600

[www.princetonhouse.org](http://www.princetonhouse.org)

- Day & evening hours
- Adult & adolescent partial hospital, IOP, family program



**Co-OCCURRING/MICA  
(MENTALLY ILL CHEMICAL ABUSER)**

**Carrier Clinic**

252 County Road 601  
Belle Mead, NJ 08502  
800-933-3579

[www.carrierclinic.org](http://www.carrierclinic.org)

- Hospital Inpatient
- Residential short-term treatment (30 days or less)
- Self payment, Private health insurance
- Sliding fee scale based on income and other factors

**\*Catholic Charities**

288 Rues Lane  
East Brunswick, NJ 08816  
800-655-9491 or 732-257-6100

[www.ccdom.org](http://www.ccdom.org)

- Weekly outpatient MICA group
- Individual counseling
- Wheelchair accessible
- Medicaid accepted/Third party insurance
- Sliding scale fee
- Medication monitoring available

**\*Community Care Behavioral Health**

131 Ethel Road West, Suite 2  
Piscataway, NJ 08854  
732-572-4666

[www.communitycare.us](http://www.communitycare.us)

- Young Adult Co-occurring Track ages 18-24
- Adult Co-occurring Track age 25 and older
- Partial Care Day Program M – F 9:30 am – 3:40 pm
- Special Needs Track for DDD/MI
- Transportation and lunch provided
- Psychiatrist & Medication Monitoring available
- Illness Management & Recovery Groups
- Case Management Services
- Community Services referrals & linkages
- Medicaid only accepted

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**RESIDENTIAL TREATMENT CONTINUED**

**Straight and Narrow**

500 Straight St.  
Paterson, NJ 07503  
Phone: 973-345-6000 ext. 6637  
www.straightandnarrowinc.org

- Residential short-term treatment 6-12 months
- Residential treatment to adult males (over age 18), women and adolescent males between the ages of 12 and 18.

**\*Turning Point**

Barnert Medical Arts Complex  
680 Broadway  
Paterson, NJ 07514  
973-239-9400  
www.turningpointnj.org  
Hours: Weekdays, 8:00 AM to 4:30 PM

- Detoxification
- Residential short term Treatment
- Outpatient and Intensive Outpatient Treatment
- Drug Court Treatment
- Any Insurance is accepted (Noninsurance patients also accepted)
- Note: Turning Point gives preference to those who cannot afford to pay for private treatment.
- Clients may pay on a sliding fee scale (based on income and other factors), also accept managed care

**Volunteers Of America of Delaware Valley**

235 White Horse Pike  
Collingswood, NJ 08107  
856-854-4660  
www.voadv.org/addictiontreatmentprogram.cfm

- Extended Stay, Residential
- 72 bed residential facility
- Long and short term drug treatment to both female and male adults
- Group setting outpatient program
- Affordable and Supportive housing



- Transportation, lunch provided
- Board Certified Psychiatrists
- Accredited by the Joint Commission
- Most major insurance
- Medicaid & medicare accepted

**Rutgers Alcohol/Drug Assistance Program for Students (ADAPS)**

17 Senior Street  
New Brunswick, NJ 08901  
732-932-7884

- Services for enrolled Rutgers students only
- IDRC-Approved Program
- Wheelchair accessible

**Rutgers Center of Alcohol Studies Program for Addictions Consultation and Treatment (PACT)**

Psychological Clinic  
Graduate School of Applied & Professional Psychology  
604 Allison Road  
Piscataway, NJ 08854  
732-445-6111 ext. 981

- Individualized therapy; Family and couples therapy
- Sliding scale fee
- SMART Group (non-12-step support group)
- IDRC-approved program

**Rutgers Women’s Treatment Project**

607 Allison Road  
Piscataway, NJ 08854-8001  
732-445-0900  
<http://womenandalcohol.rutgers.edu/>

- Only for women with alcohol issues
- Must 18 years or older
- Confidential outpatient assessment
- Treatment of alcohol problems based on research-proven techniques

Note: Programs are footnoted with the following codes:  
\* Bilingual (Spanish) professional on staff  
+ Program provides specialized services to adolescents  
Indigent services noted are for Middlesex County residents.

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**DRUG-FREE OUTPATIENT CONTINUED**

- Therapists who specialize in treatment alcohol problems
- Two pre-treatment evaluation sessions
- 12 weekly individual or small group therapy (all women) sessions
- Payment for participation in the research aspects of the program
- 3 research follow-up contacts after treatment is over

**Simeon Academy**

1460 Livingston Avenue, Building 400, Room 209  
North Brunswick, NJ 08901  
973-493-1740

- Early Intervention/Outpatient
- IDRC-Approved Program
- Wheelchair accessible

**\*Strathmore Treatment Associates**

1 Lower Main Street, P.O. Box 125  
South Amboy, NJ 08879  
732-727-2555

- Detox and maintenance programs available

**\*Stevens, Inc.**

147 North Broadway  
South Amboy, NJ 08879  
732-525-1149  
Also at St. John's Baptist Church  
24 Lake Street  
Jamesburg, NJ 08861

- Substance abuse treatment
- Adolescents, women, DUI/DWI offenses, criminal justice clients
- IDRC-approved program
- Slide fee scale based on income and other factors

**Trautz Associates**

134 North Main Street  
Milltown, NJ 08850  
732-220-0020

- Mental health and substance abuse services
- DUI/DWI offenders
- IDRC-approved program
- Self payment only



also at 595 County Ave., Secaucus  
201-866-0888

[www.newhopefoundation.org](http://www.newhopefoundation.org)

- Compulsive gambling treatment
- Sub-acute detoxification (3-5 days)
- Residential adult up to 28 days
- Residential adolescent, 14 days to 8 months
- Adolescent male, Marlboro, NJ
- Adolescent male or female, Secaucus, NJ
- Sliding scale fee; Indigent clients accepted

**+Princeton House Behavioral Health**

905 Herrontown Road  
Princeton, NJ 08540  
609-497-3355

- Short term adult addiction recovery program
- Adolescent substance abuse treatment program
- Accredited by the Joint Commission
- Board Certified Psychiatrists
- Most major insurance
- Medicare, Medicaid accepted

**+Touchstone Hall**

35D Piermont Road  
Rockleigh, NJ 07647  
Admissions Office: 201-784-6490 ext. 3411  
Fax: 201-784-6495

- Addiction services for adolescent males
- Family program ; Parent education therapy
- Medication monitoring
- Individual/group counseling
- Comprehensive psycho-social evaluation
- Students can attend full day school
- HIV/AIDS testing & counseling
- 2- 6 month program
- AA/NA/NI/GA meetings facilitated
- On site child & adolescent psychologist
- SIS fee. Approved DUIJ provider
- Some insurance accepted
- Sliding scale fee

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**RESIDENTIAL TREATMENT CONTINUED**

- Serves Spanish-speaking clients
- Long-term 9-12 months; short-term 1-3 months
- Services for Spanish-speaking mother with child

**\*Damon House, Inc.**

105 Joyce Kilmer Avenue  
New Brunswick, NJ 08901  
732-828-3988

- Sliding scale fee; Indigent clients accepted
- Variable length of stay
- Therapeutic Community; Smoke-free
- Psychological evaluation & counseling
- Mental health assessments and treatment
- Vocational counseling
- Family therapy; Individual & group counseling
- Basic adult education

**Discovery Institute for Addictive Disorders, Inc.**

80 Conover Road, P.O. Box 577  
Marlboro, NJ 07746  
732-946-9444  
Fax: 732-946-0758

- Therapeutic Community
- Indigent clients accepted
- Sliding scale fee
- Short term & Long term 1 - 6 months
- Comprehensive mental health assessment
- Vocational & educational training
- Family therapy and education
- IDRC funding available
- DUI initiative funding
- County funding and drug court funding available

**\*+New Hope Foundation, Inc.**

P.O. Box 66, Route 520  
Marlboro, NJ 07746  
732-946-3030 (24 hours)

Note: Programs are footnoted with the following codes:  
\* Bilingual (Spanish) professional on staff  
+ Program provides specialized services to adolescents  
Indigent services noted are for Middlesex County residents.



**+\*UMDNJ-University Behavioral HealthCare  
Specialized Addiction Treatment Services**

390 George Street, 3rd Floor  
New Brunswick, NJ 08901  
732-235-3440/ Fax - 732-235-5635  
Access Center – 800-969-5300  
<http://ubhc.umdj.edu>

- Services for the developmentally disabled & physically disabled
- Comprehensive outpatient services
- Special services for women, HIV and adolescents; IOP for adolescents & adults; co-occurring disorder treatment
- Individual, group & family therapy
- Criminal Justice & DYFS referrals
- Medicare, Medicaid accepted
- Indigent clients accepted
- Self pay accepted

**Uriel Treatment Center**

24 North 3rd Street, Suite 30-B  
Highland Park, NJ 08904  
732-317-3427

- Outpatient
- Persons with co-occurring mental and substance abuse disorders
- Criminal Justice clients
- Sliding fee scale

**HALFWAY HOUSES**

**Crawford House**

P.O. Box 255  
Skillman, NJ 08558  
908-874-5153

[www.crawfordhouse.org](http://www.crawfordhouse.org)

- Women age 18 & over; Average stay 6 months
- Indigent and homeless clients
- Must be New Jersey resident

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**HALFWAY HOUSES CONTINUED**

**Dudley House**

930 Putnam Street  
Plainfield, NJ 07060  
908-755-0646

- Men age 18-65; Average stay 8 months
- Indigent clients accepted; Sliding scale fee
- IDRC-approved program; totally drug-free environment
- Referrals made from addiction treatment agencies
- Serves Middlesex and Union counties only

**\*Epiphany House (of the New Hope Foundation)**

1110 Grand Avenue  
Asbury Park, NJ 07712  
732-775-0720

[www.epiphanyhouse.org](http://www.epiphanyhouse.org)

- Chemically dependent women with children (Homeless or at risk of homelessness)
- 3 to 8 month stay
- Addiction treatment and relapse environment
- Early intervention services for children
- Individual, Group, and Family Counseling
- Parenting Instruction
- Life Skills and Basic Education
- Health Assessment and Promotion
- Case Management
- On-Site Computer Instruction
- Referral to Community Resources
- Legal Assistance
- Transitional, supportive housing

**Mattie House (of the New Hope Foundation)**

86 Conover Road  
Marlboro, NJ 07746  
732-817-0616

- Adult males 18 years and older
- Minimum stay 90 days, maximum is one year
- 20 beds
- In-house group counseling, individual counseling and self-help
- Required to seek full time employment within 10 days of admission
- Resident is responsible for financial obligation of



- \$130 per week
- All commercial insurance accepted (IDRC funding available)
- Clients may pay on a sliding fee scale
- Outpatient services (level 1 and intensive outpatient)

**Philip House (of the New Hope Foundation)**

190 Chelsea Ave  
Long Branch, NJ 07740  
732-870-8500

[www.newhopefoundation.org](http://www.newhopefoundation.org)

- Adult males 18 years and older
- Minimum stay 90 days, maximum is one year
- 20 beds
- In-house group counseling, individual counseling and self-help
- Required to seek full time employment within 10 days of admission
- Resident is responsible for financial obligation of \$130 per week
- All commercial insurance accepted (IDRC funding available)
- Clients may pay on a sliding fee scale
- Outpatient services (level 1 and intensive outpatient)

**RESIDENTIAL TREATMENT**

**Carrier Clinic**

252 County Road 601  
Belle Mead, NJ 08502  
800-933-3579

[www.carrierclinic.org](http://www.carrierclinic.org)

- Hospital Inpatient
- Residential short-term treatment (30 days or less)
- Self payment, Private health insurance
- Sliding fee scale based on income and other factors

**\*CURA, Inc.**

35 Lincoln Park  
P.O. Box 180  
Newark, NJ 07101-0180  
973-622-3570

[www.curainc.org](http://www.curainc.org)

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