

County of Middlesex-Board of Chosen Freeholders

David B. Crabel, Freeholder Director
Stephen J. Dalina, Deputy Director
Blanquita B. Valenti
Camille Fernicola
H. James Polos
John Pulomena
Christopher D. Rafano

**Middlesex County Department of Human Services
Division of Behavioral Health & Children's Services**

Thomas M. Seilheimer
Executive Director, Department of Human Services

Blanquita B. Valenti
Chair, Committee of Human Services & Aging

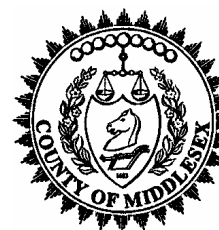
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Division Director
732/745-4518

Wanda Dillon
Director, Office of Children's Services
732/246-5640

Kristen Gilmore
Program Development Specialist
732/745-4518

**MIDDLESEX COUNTY
MENTAL HEALTH BOARD**



...improving the quality of lives
by funding mental health services in
Middlesex County...

2005

Who Are we?

The Middlesex County Mental Health Board is comprised of dedicated volunteers who live or work in Middlesex County and have energy and a knowledgeable interest in mental health wellness and treatment.

Our Mission

is to promote awareness and understanding of the needs of mental health consumers.

Our goals include:

- The Board will advocate for consumer empowerment.
- The Board will strive to improve the status of people working in mental health services.
- The Board will recommend the equitable allocation of resources to meet the needs of consumers and special populations, including seniors, MICA, children and the homeless, to improve their quality of life and to refine the continuum of care.


The purpose and function of the Mental Health Board are:

- To improve the quality of life for residents of Middlesex County through fostering a comprehensive, integrated, community based system of mental health services accessible to all residents of the County.
- To provide advice and assistance regarding issues impacting mental health services and to establish a mechanism for advocacy on behalf of consumers and, as appropriate, advocate regarding programs and community actions.
- To provide an effective forum through which consumers and representatives of government, voluntary agencies, providers, and other interested community groups can coordinate their efforts to build a better life for Middlesex County residents.

You Can Make a Difference! Join our board!

We count on volunteers to make important decisions about how Middlesex County spends money on mental health services. Our volunteers get the opportunity to assure that the people of Middlesex County get the services that are necessary and that the community is receiving education on awareness, prevention, and de-stigmatization. Please join us at our meetings on the second Monday evening of each month. Refreshments are always served.

**Your commitment can be as easy as
10 meetings a year!**

 For information on new membership, please contact Lori Dillon, Director of the Division of Behavioral Health & Children's Services at 732/745-4518.